

Greenland Demands, Bond Meltdowns, and Trade Wars – 01/22/2026

Macro Views



Tony Zhang

Chief Strategist and Cofounder
OptionsPlay®

Markets started on a sharp risk-off tone with VIX touching 20%, driven by the “Greenland” shock of tariffs on eight NATO allies plus the Japanese bond sell-off. Reignited trade wars resurfaced the “Sell America” trade, which historically has generated a volatility spike and a potential buying opportunity. However, an unwinding of the Japanese carry trade creates less demand for global risk assets and more for safe havens, such as gold. JGB market tremors may have longer-lasting effects as the US 10-year yields have spiked to 4.3% and stocks sell off. Meanwhile, Netflix (NFLX) earnings highlight fragility, where despite a solid beat, the stock is down 5% after hours. After GDP and PCE came in as expected, the focal point going forward will be whether major tech names beat earnings expectations. The Fed likely won’t cut interest rates, as the overall economy is seeing some cooling. With the S&P 500 now below the 7,000 level and volatility recently repriced higher, next week is likely to be driven by whether the Fed and incoming data stabilize expectations—or keep risk premium elevated.

For more information, please watch the replay video.

Trade Idea



Tony Zhang

Chief Strategist and Cofounder
OptionsPlay®

CVS Health (CVS) has transitioned from a multiyear earnings drawdown into a renewed growth phase. After two years of absorbing elevated medical utilization and activist uncertainty, CVS now appears to have put a floor under earnings. With management reasserting guidance and valuation still deeply discounted, the market is starting to reprice CVS for growth. To express a bullish view with defined risk, I want to sell the February 27 weekly option, collecting about \$1.80 for this credit spread.

CVS @ \$81.57	BUY 1 FEB 27 TH 76 PUT AT \$1.50
	SELL 1 FEB 27 TH 81 PUT AT \$3.30
01.22.2026	CREDIT $(\$3.30 - \$1.50) * 100 = \$180$
	$(\$3.30 - \$1.50) * 100 = \text{MAX GAIN OF } \180
CVS BULL PUT SPREAD	$(\$81 - \$76 - \$1.80) * 100 = \text{MAX RISK OF } \320

For more information, please watch the replay video.

Trade Idea



Tony Zhang

Chief Strategist and Cofounder
OptionsPlay®

Affirm's (AFRM) late 2025 rally was fueled by Apple Pay integration, but the stock's unsustained momentum reveals meaningful risks. After failing to hold above the \$80 level, price action signals exhaustion. While the Apple partnership boosted transaction volume, it also exposed AFRM to competition at a point when the consumer is increasingly under strain. To express a bearish view with defined risk, I want to sell the February 72/86 call vertical at a \$4.10 credit.

AFRM @ \$71.66	BUY 1 FEB 20 TH 86 CALL AT \$2.10
	SELL 1 FEB 20 TH 72 CALL AT \$6.20
01.22.2026	CREDIT $(\$6.20 - \$2.10) * 100 = \$410$
	$(\$6.20 - \$2.10) * 100 = \text{MAX GAIN OF } \410
AFRM BEAR CALL SPREAD	$(\$86 - \$72 - \$4.10) * 100 = \text{MAX RISK OF } \990

For more information, please watch the replay video.

Tony's Lookback



Tony Zhang

Chief Strategist and Cofounder
OptionsPlay®

On December 18, I bought the Amgen (AMGN) February 330/360 call vertical at \$8.80. That call spread is now trading at \$17.55. Whenever you reach a 100% gain on a debit spread, it's a good time to consider managing that trade. When the market proves your thesis to be correct, you can try to hit a home run if the momentum continues.

AMGN

12.18.2025

\$324.97

BUY 1 FEB 20TH 330 CALL AT \$12.00

SELL 1 FEB 20TH 360 CALL AT \$3.20

NET DEBIT = \$880

AMGN BULL CALL SPREAD



AMGN

01.22.2026

\$349.00

SELL 1 FEB 20TH 330 CALL AT \$23.30

BUY 1 FEB 20TH 360 CALL AT \$5.75

CURRENT NET CREDIT = \$1,755

GAIN IF CLOSED = \$875

Tony's Lookback



Tony Zhang

Chief Strategist and Cofounder
OptionsPlay®

Instead of simply taking profits, I'm looking to roll this trade out to the March expiration (March 350/380 call spread at \$10.10), buying another two months of upside potential and recentering the strikes based on where the stock is now trading. The combined risk is only about \$135 per contract with a maximum profit potential of more than \$2,800 per contract. I like that risk-to-reward ratio and want to take advantage of the momentum that I'm seeing.

AMGN @ \$349.00	BUY 1 MAR 20 TH 350 CALL AT \$13.05
	SELL 1 MAR 20 TH 380 CALL AT \$2.95
01.22.2026	DEBIT $(\$13.05 - \$2.95) * 100 = \$1,010$
COMBINED MAX GAIN = \$2,865	$(\$380 - \$350 - \$10.10) * 100 = \text{MAX GAIN OF } \$1,990$
COMBINED MAX RISK = \$135	$(\$13.05 - \$2.95) * 100 = \text{MAX RISK OF } \$1,010$

AMGN BULL CALL SPREAD

Past performance is no guarantee of future results.

Options trading entails significant risk and is not appropriate for all investors. Certain complex options strategies carry additional risk. Before trading options, contact Fidelity Investments by calling 800-544-5115 to receive a copy of Characteristics and Risks of Standardized Options. Supporting documentation for any claims, if applicable, will be furnished upon request.

There are additional costs associated with option strategies that call for multiple purchases and sales of options, such as spreads, straddles, and collars, as compared with a single option trade.

Technical analysis focuses on market action — specifically, volume and price. Technical analysis is only one approach to analyzing stocks. When considering which stocks to buy or sell, you should use the approach that you're most comfortable with. As with all your investments, you must make your own determination as to whether an investment in any particular security or securities is right for you based on your investment objectives, risk tolerance, and financial situation. Past performance is no guarantee of future results.

Greeks are mathematical calculations used to determine the effect of various factors on options.

Indexes are unmanaged. It is not possible to invest directly in an index.

Views expressed are as of the date indicated, based on the information available at that time, and may change based on market or other conditions. Unless otherwise noted, the opinions provided are those of OptionsPlay and not necessarily those of Fidelity Investments or its affiliates. Fidelity does not assume any duty to update any of the information.

News, commentary, market data and research reports are from third-party sources unaffiliated with Fidelity, unless otherwise noted, and are provided for informational purposes only. Fidelity does not endorse or adopt third party content. Fidelity makes no guarantees that information supplied is accurate, complete, or timely, and does not provide any warranties regarding results obtained from their use.

Any screenshots, charts, or company trading symbols mentioned are provided for illustrative purposes only and should not be considered an offer to sell, a solicitation of an offer to buy, or a recommendation for the security.

OptionsPlay and Fidelity Investments are independent entities and are not legally affiliated.

The third-party trademarks appearing herein are the property of their respective owners.

Fidelity Brokerage Services LLC, Member NYSE SIPC. © 2026 FMR LLC. All rights reserved. 1245446.1.0

